

# SCHOOL OF MARTIAL ARTS USA

## WEEKLY CLASS SCHEDULE

### 6200 N. TELEGRAPH DEARBORN HEIGHTS

#### Monday

5:30 – 6:00 Karate Kids (brown-black)  
 6:30 – 7:15 Karate Kids (orange-blue)  
 7:15 – 8:00 Jujitsu  
 7:30 – 8:15 Karate Kids (white-yellow)

#### Tuesday

4:30 – 5:15 Karate Kids (yellow belt and up) –  
**BASIC SKILLS ONLY – NO FORMS**  
 5:30 – 6:00 Little Dragons (4-5)  
 6:15 – 7:00 Karate Kids (white-yellow)  
 6:30 – 7:30 Kickboxing  
 7:30 – 8:15 Adult TKD/HKD  
 8:15 – 9:00 Adult TKD/HKD (Advanced belts)  
 8:15 – 9:00 Tai Chi

#### Wednesday

5:30 – 6:15 Karate Kids (orange-blue)  
 6:30 – 7:15 Karate Kids (white-yellow)  
 7:30 – 8:15 Adult TKD/HKD  
 7:30 – 8:00 Weapon Training  
 8:15 – 9:00 Jujitsu

#### Thursday

5:30 – 6:00 Little Dragons (4-5)  
 6:15 – 7:00 Karate Kids (brown-black)  
 6:30 – 7:30 Kickboxing  
 7:30 – 8:15 Adult TKD/HKD  
 8:15 – 9:00 Adult TKD/HKD (Advanced belts)  
 8:15 – 9:00 Tai Chi

#### Friday

5:30 -- 5:50 Forms (Yellow – Blue)  
 5:50 -- 6:20 Sparring (Yellow – Blue)  
 6:00 – 7:00 Jujitsu  
 6:30 -- 6:50 Forms (Brown – Black)  
 6:50 -- 7:20 Sparring (Brown – Black)

**Note: \*\*\*Belt Test Days\*\*\* NO CLASSES**

#### Saturday

9:30 – 10:15 Adult TKD/HKD  
 10:15 – 11:00 Karate Kids (white-orange)  
 11:00 – 12:00 Kickboxing  
 11:15 – 12:00 Karate Kids (green-black)  
 12:00 – 12:30 Little Dragons (4-5)  
 12:30 – Weapon Training/Demo & Tournament  
 Team

### 23924 MICHIGAN AVE. DEARBORN

#### Monday

**NO CLASSES SCHEDULED**

#### Tuesday

6:00 – 6:30 Little Dragons (4-5)  
 6:45 – 7:30 TKD All Belts/All Ages/General Skills

#### Wednesday

**NO CLASSES SCHEDULED**

#### Thursday

6:00 – 6:30 Little Dragons (4-5)  
 6:45 – 7:30 TKD All Belts/All Ages/General Skills

#### Friday

**NO CLASSES SCHEDULED**

#### Saturday

9:00 – 9:45 Tai Chi  
 10:00 – 10:45 TKD All Belts/All Ages/General Skills